

# FIRE & WATER 7 NIGHTS

Letter codes: (B) breakfast, (L) lunch, (D) dinner,  
(PV) private van, (G) guide, (LG) lodging

**Day 1:** Arrival to Costa Rica, Our guide will be waiting for you at the main exit of the terminal to take you to your hotel. Overnight at Hotel Aurola Holiday Inn. (PV)(G)(LG)

**Day 2:** Morning transfer to Arenal Volcano area, our driver will pick you up at your hotel and drive you to this beautiful destination on the northern lowlands. Overnight at La Pradera Hotel or similar. (PV)(B)(G)(LG)



**Day 3:** Free day to explore the area or take an optional tour; please see below a description of the extra activities. Overnight at Hotel La Pradera or similar. (B)(LG)

Optional tours:

### Hanging bridges:

Enjoy travelling the forest comfortably in our revitalizing paths full of nature and wildlife. In front of the majestic Arenal Volcano you can admire its beauty and the wonderful forest that surrounds it, as well as a reserve populated with wildlife in their natural habitat that will allow you an encounter with the roots of the human species. We have large parking areas, restaurant, restrooms facilities, free Wi-Fi, a gift shop



Cost per person: \$68.00 includes transportation, guide and entrance fee

### Baldi hot springs:

Organize your day to take advantage of our 25 different thermal water pools, surrounded by rich and varied local vegetation, the singing of birds, jacuzzi for 60 persons, the largest sauna of the country, extreme water slides, and more.



Cost per person: \$70.00 includes transportation, guide and entrance fee

### *La Fortuna Waterfall*

Those that have brought along swimming suits and a hearty sense of adventure can swim in the chilly water below the fall. Others can enjoy a picnic along the rocky shoreline or a round of nature photography – indeed, it’s hard to take a bad picture in a place as beautiful as this.

The fall can be arrived at by foot or on horseback. The trail runs through pasture and rainforest, offering up chances to spot toucans, monkeys, and other tropical creatures. It takes about 15 minutes to hike down the stair set to the waterfall



Cost per person: \$57.00 includes transportation, guide and entrance fee

### *Chocolate tour*

In this 2-hour “hands on” program, you will have the opportunity to learn interesting aspects of cocoa and chocolate, from its origin and history, participating in all the production process, from the harvesting of the fruit, drying and grinding of the seed, also the developing of the traditional drink of our ancestors, and of course enjoying a high quality organic chocolate. Enjoy this journey through the history, culture, traditions and the flavor.



Cost per person: \$69.00 includes transportation, guide and entrance fee

**Day 4:** Early morning transfer to Manuel Antonio, this will be a 3:30 hours drive through very scenic road and terrain, along the way if you will like to stop to take pictures or just relax we will be more than happy. Overnight at Hotel Karahe or similar. (B)(PV)(G)(LG)

**Day 5:** Free day to explore the area or take an optional tour; please see below a description of the extra activities. Overnight at Hotel Karahe or similar. (B)(L)(PV)(G)(LG)

Optional tours:

#### *Manuel Antonio National Park*

This national park is one of the most famous in our country due to its wide variety of flora and fauna. The park has 3 different trails that go from flat to very steep. On this tour a very knowledgeable nature guide will walk you through the Manuel Antonio National Park, explaining the mysteries of the rainforest. The trail you will take is flat and picturesque and loops through the park making your course about 2 miles long. Throughout your hike your guide will stop and teach you about the park's natural history, which includes exhaustive descriptions of animals and plants that can be observed during the hike.



Cost per person: \$59.00, includes: transportation, guide, entrance fee and snacks.

#### *Damas Mangrove tour*

This Manuel Antonio tour allows you to navigate through the wonders of the unique Costa Rican mangrove ecosystem. You will float along the calm currents under a verdant forest canopy. Make sure you keep your eyes wide open so you can spot the uncountable bird species, reptiles, ant eaters and white faced monkeys. While you silently observe this amazing habitat your guide will offer

explanations about the flora and fauna found in this incomparable region. The Damas Island boat trip takes you through the natural canals and provides an ideal opportunity to observe many birds such as herons, kingfishers, ospreys and frigates birds.



Cost per person: \$69.00, includes: transportation, guide, beverages and lunch.

#### Catamaran sailing tour

The catamaran will chart a picturesque course departing from Quepos and gliding around the back of the Manuel Antonio National Park. Your guide will point out notable wildlife and vegetation, so be sure to have your camera ready. You will go by amazing scenarios adorned with islands, cliffs and rock formations. You can admire bird nesting grounds and marine wildlife. Beverages and snacks are available onboard, throughout the trip. After touring the coastline, your captain will set anchor at Biesanz Bay where you can snorkel or simply rest onboard. You are most likely to spot parrotfish, starfish, angelfish and if you are lucky a dolphin!



Cost per person: \$79.00, includes: transportation, guide, snacks, lunch and beverages.

**Day 6:** Free day to explore the area or take an optional tour; please see below a description of the extra activities. Overnight at Hotel Karahe or similar. (B)(L)(PV)(G)(LG)

**Day 7:** Free morning to explore the area or take an optional tour; our driver will pick you up at 1:30pm to take you back to San Jose. Overnight at Hotel Aurola Holiday Inn. (B)(PV)(G)(LG)

**Day 8:** Transfer to the International Airport, passengers must be at the main terminal 3 hours prior to the flight scheduled departure. (B)(PV)(G)

*Wish you a great stay, please enjoy our country*

*End of your trip in Costa Rica!!*